

Get Fit All Year Round!

***Please Note: Some Classes Only Seasonally Offered**
(Click Class Names for Online Registration)

Monday's Classes	Drop-In Fee Per Class ¹	Ages
<u>Advanced Bootcamp</u>	\$10.00	16+
<u>Yoga for Athletes</u>	\$16.00	16+
<u>Zumba Toning</u>	\$10.00	16+
<u>Ab Sculpt</u>	\$7.00	16+
<u>Beginner Bootcamp</u> *	\$10.00	16+
<u>Cardio Dancing</u>	\$10.00	16+
<u>PE for Homeschoolers</u> *	\$10.00	5 – 15
<u>Outdoor Bootcamp</u> *	\$10.00	16+
<u>Indoor Cycle Training</u> *	\$16.00	16+
<u>Teen Fit</u>	\$16.00	13 - 18

1 – Drop-in Fees are paid the day of class and receipts are given to the instructor.

[Register Online](#)

[View our complete guide and fill out the registration form](#) to register by mail, walk-in or fax (240-314-8759)

For more information email swimcenter@rockvillemd.gov

Learn more at www.rockvillemd.gov/swimcenter

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